

# *R.C. Bannerman Child Development Center*

## *Discipline Policy*

I. Discipline is the effective management of children's behavior with the goal of self-disciplined children. The most effective classroom management technique is the provision of ample activities appropriate for the child's development level within an environment that fosters success.

II. The management technique to be used will be based upon consideration of the particular situation and the individual child. Techniques endorsed by BCDC include, but are not limited to:

- 1) Anticipate problems and provide advanced intervention.
- 2) Give gentle reminders.
- 3) We use distractions.
- 4) Offer choices.
- 5) Give positive reinforcement. For example: if a child is running, the teacher says, "walk" as opposed to "don't run."
- 6) Offer encouragement.
- 7) Redirection-substitute or exchange one activity for another.
- 8) Clarify messages.
- 9) Consistency
- 10) Natural consequences.
- 11) Discussion with child.
- 12) Discussion among children.
- 13) Discussing with parents.
- 14) Give hugs and caring.
- 15) Provide renewal time-When child is too upset to talk or listen, it may be necessary to remove the child from the situation for a period of no more than 2 minutes for the teacher to help the child regain composure.
- 16) Overlook small annoyances.

III. Discipline may not involve the following:

- 1) Withholding of meals, snacks or water.
- 2) Denying rest.
- 3) Physical punishment.
- 4) Threat of physical punishment.
- 5) Ridiculing or degrading.
- 6) Timeout.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_